

FUTURE LEGENDS U5 Coed (2020) 3v3... KINS

LA LIGA (Spain)

Germantown Legends Recreational Soccer (Division 4)

www.GermantownLegendsSoccer.com

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... GAMES.GermantownLegends.com

1	U5 Almería - Borm	6	U5 ECS Gagnon
2	U5 Bayer Leverkusen - Cunningham - M	7	U5 ECS Payne
3	U5 Borussia Dortmund - _ - M	8	U5 ECS Ring
4	U5 Monchenglabach - Pennel - TH	9	U5 ECS Viner
5	U5 ECS Bailey	10	OPEN

When posting messages to social media, please use the hashtag #LegendsSoccer or 'tag' Germantown Legends Soccer

DATE	TIME	CLOYES	FIELD	WEEK	AWAY (White)	HOME (Green/ Dark)
Week of August 12 Week of August 19 Wednesday, August 21, 2024 6:15 PM Cloyes Thursday, August 22, 2024 6:15 PM Cloyes Saturday, August 24, 2024 Monday, August 26, 2024 SoccerFEST SoccerFEST.GermantownLegends.com Team Practices begin REC Skills of the Week: PULLBACK, SIDEWAYS ROLL and TOE TAPS REC Skills of the Week: REC Skills of the week: TICK TOCK and LA CROQUETA REC New Parent Meeting REC Coaches' (& Managers) Meeting						
Week of August 26 Wednesday, August 28, 2024 Cloyes Week of September 2 Wednesday, September 4, 2024 Cloyes REC Skills of the Week: PULLBACK, SIDEWAYS ROLL, TOE TAPS, TICK TOCK and LA CROQUETA REC Skills Club* REC Skills of the Week: MARADONA and the SQUIRT REC Skills Club*						
Week of September 9 Wednesday, September 11, 2024 Cloyes REC Skills of the Week: INSIDE CUT (Turn) and OUTSIDE CHOP (Turn) REC Skills Club*						
Saturday, September 14, 2024	9:30 AM	Cloyes	1-A	1	C 2	U5 Bayer Leverkusen - Cunningham - M 7 U5 ECS Payne
Saturday, September 14, 2024	9:30 AM	Cloyes	1-B	1	C 3	U5 Borussia Dortmund - _ - M 6 U5 ECS Gagnon
Saturday, September 14, 2024	9:30 AM	Cloyes	1-C	1	C 4	U5 Monchenglabach - Pennel - TH 5 U5 ECS Bailey
Saturday, September 14, 2024	10:30 AM	Cloyes	1-A	1	C 9	U5 ECS Viner 10 OPEN
Saturday, September 14, 2024	12:30 PM	Cloyes	1-D	1	C 1	U5 Almería - Borm 8 U5 ECS Ring
Week of September 16 Wednesday, September 18, 2024 Cloyes REC Skills of the Week: CRUYFF (turn), ZIG ZAG and Intro to JUGGUNG REC Skills Club*						
Saturday, September 21, 2024	9:30 AM	Cloyes	1-A	2	8	U5 ECS Ring 9 U5 ECS Viner
Saturday, September 21, 2024	9:30 AM	Cloyes	1-B	2	5	U5 ECS Bailey 3 U5 Borussia Dortmund - _ - M
Saturday, September 21, 2024	9:30 AM	Cloyes	1-C	2	6	U5 ECS Gagnon 2 U5 Bayer Leverkusen - Cunningham - M
Saturday, September 21, 2024	10:30 AM	Cloyes	1-A	2	T 4	U5 Monchenglabach - Pennel - TH 10 OPEN
Saturday, September 21, 2024	12:30 PM	Cloyes	1-D	2	T 7	U5 ECS Payne 1 U5 Almería - Borm
Week of September 23 Wednesday, September 25, 2024 Cloyes REC Skills of the Week: BACKWARDS 'L' and ROLL-OVER & PULLBACK REC Skills Club*						
Saturday, September 28, 2024	9:30 AM	Cloyes	1-A	3	C 2	U5 Bayer Leverkusen - Cunningham - M 9 U5 ECS Viner
Saturday, September 28, 2024	9:30 AM	Cloyes	1-B	3	C 3	U5 Borussia Dortmund - _ - M 8 U5 ECS Ring
Saturday, September 28, 2024	9:30 AM	Cloyes	1-C	3	C 4	U5 Monchenglabach - Pennel - TH 7 U5 ECS Payne
Saturday, September 28, 2024	10:30 AM	Cloyes	1-A	3	C 5	U5 ECS Bailey 6 U5 ECS Gagnon
Saturday, September 28, 2024	12:30 PM	Cloyes	1-D	3	C 1	U5 Almería - Borm 10 OPEN
Week of September 30 Wednesday, October 2, 2024 Cloyes REC Skills of the Week: SIMPLE FAKE/ SHOULDER FEINT and MATTHEWS REC Skills Club*						
October 4-6 Silent Sideline Weekend						
Saturday, October 5, 2024	9:30 AM	Cloyes	1-A	4	T 8	U5 ECS Ring 2 U5 Bayer Leverkusen - Cunningham - M
Saturday, October 5, 2024	9:30 AM	Cloyes	1-B	4	6	U5 ECS Gagnon 4 U5 Monchenglabach - Pennel - TH
Saturday, October 5, 2024	9:30 AM	Cloyes	1-C	4	7	U5 ECS Payne 3 U5 Borussia Dortmund - _ - M
Saturday, October 5, 2024	10:30 AM	Cloyes	1-A	4	T 5	U5 ECS Bailey OPEN
Saturday, October 5, 2024	12:30 PM	Cloyes	1-D	4	T 9	U5 ECS Viner 1 U5 Almería - Borm
October 7-10 Week of October 7 Wednesday, October 9, 2024 NO REC Skills Club						
Monday, October 7, 2024	5:30 PM	Cloyes	1-A	5	6	U5 ECS Gagnon 7 U5 ECS Payne
Monday, October 7, 2024	5:30 PM	Cloyes	1-B	5	2	U5 Bayer Leverkusen - Cunningham - M OPEN
Monday, October 7, 2024	5:30 PM	Cloyes	1-C	5	4	U5 Monchenglabach - Pennel - TH 9 U5 ECS Viner

DATE	TIME	CLOYES	FIELD	WEEK		AWAY (White)		HOME (Green/ Dark)
Monday, October 7, 2024	5:30 PM	Cloyes	1-D	5	5	U5 ECS Bailey	8	U5 ECS Ring
Monday, October 7, 2024	6:30 PM	Cloyes	1-B	5	2	U5 Bayer Leverkusen - Cunningham - M	OPEN	
Tuesday, October 8, 2024	6:30 PM	Cloyes	1-C	5	T 3	U5 Borussia Dortmund - _ - M	1	U5 Almeria - Borm

October 14- 18
Wednesday, October 16, 2024
 GMSD Fall Break
 NO REC Skills Club
~~Saturday, October 19, 2024~~ CANCELED
 Soccer FEST 2 CANCELED

Week of October 21
Wednesday, October 23, 2024
 REC Skills of the Week: SCISSORS and PUSKAS (V-turn)
 REC Skills Club*

Saturday, October 26, 2024	9:30 AM	Cloyes	1-A	6	7	U5 ECS Payne	5	U5 ECS Bailey
Saturday, October 26, 2024	9:30 AM	Cloyes	1-B	6	8	U5 ECS Ring	4	U5 Monchenglabach - Pennel - TH
Saturday, October 26, 2024	9:30 AM	Cloyes	1-C	6	9	U5 ECS Viner	3	U5 Borussia Dortmund - _ - M
Saturday, October 26, 2024	10:30 AM	Cloyes	1-A	6	O OPEN		6	U5 ECS Gagnon
Saturday, October 26, 2024	12:30 PM	Cloyes	1-D	6	T 1	U5 Almeria - Borm	2	U5 Bayer Leverkusen - Cunningham - M

Week of October 28
Wednesday, October 30, 2024
 REC Skills of the Week: ELASTICO and DRAG & GO
 REC Skills Club*
Thursday, October 31, 2024
 HALLOWEEN

November 1-3
 Silent Sideline Weekend 2

Saturday, November 2, 2024	9:30 AM	Cloyes	1-A	7	4	U5 Monchenglabach - Pennel - TH	2	U5 Bayer Leverkusen - Cunningham - M
Saturday, November 2, 2024	9:30 AM	Cloyes	1-B	7	T 7	U5 ECS Payne	8	U5 ECS Ring
Saturday, November 2, 2024	9:30 AM	Cloyes	1-C	7	6	U5 ECS Gagnon	9	U5 ECS Viner
Saturday, November 2, 2024	10:30 AM	Cloyes	1-A	7	T OPEN		3	U5 Borussia Dortmund - _ - M
Saturday, November 2, 2024	12:30 PM	Cloyes	1-D	7	T 5	U5 ECS Bailey	1	U5 Almeria - Borm

Week of November 4
Wednesday, November 6, 2024
 REC Skills of the Week: BEARDSLEY and STOP & GO
 REC Skills Club*

Saturday, November 9, 2024	9:30 AM	Cloyes	1-A	8	C 8	U5 ECS Ring	6	U5 ECS Gagnon
Saturday, November 9, 2024	9:30 AM	Cloyes	1-B	8	C 9	U5 ECS Viner	5	U5 ECS Bailey
Saturday, November 9, 2024	9:30 AM	Cloyes	1-C	8	C 2	U5 Bayer Leverkusen - Cunningham - M	3	U5 Borussia Dortmund - _ - M
Saturday, November 9, 2024	10:30 PM	Cloyes	1-A	8	C OPEN		7	U5 ECS Payne
Saturday, November 9, 2024	12:30 PM	Cloyes	2-B	8	C 1	U5 Almeria - Borm	4	U5 Monchenglabach - Pennel - TH

Nov. 11- 14 FUTURE LEGENDS (U5- U8) NIGHT GAMES WEEK 2

Week of November 11
Wednesday, November 13, 2024
 REC Skills of the Week: PREKI and ZICO
 REC Skills Club*
NO REC Skills Club*

Monday, November 11, 2024	5:30 PM	Cloyes	1-A	9	8	U5 ECS Ring	OPEN	
Monday, November 11, 2024	5:30 PM	Cloyes	1-B	9	9	U5 ECS Viner	7	U5 ECS Payne
Monday, November 11, 2024	5:30 PM	Cloyes	1-C	9	2	U5 Bayer Leverkusen - Cunningham - M	5	U5 ECS Bailey
Monday, November 11, 2024	5:30 PM	Cloyes	1-D	9	3	U5 Borussia Dortmund - _ - M	4	U5 Monchenglabach - Pennel - TH
Tuesday, November 12, 2024	6:30 PM	Cloyes	1-D	9	T 1	U5 Almeria - Borm	6	U5 ECS Gagnon
Saturday, November 16, 2024	9:30 AM	Cloyes	1-A	10	7	U5 ECS Payne	2	U5 Bayer Leverkusen - Cunningham - M
Saturday, November 16, 2024	9:30 AM	Cloyes	1-B	10	6	U5 ECS Gagnon	3	U5 Borussia Dortmund - _ - M
Saturday, November 16, 2024	9:30 AM	Cloyes	1-C	10	5	U5 ECS Bailey	4	U5 Monchenglabach - Pennel - TH
Saturday, November 16, 2024	10:30 AM	Cloyes	1-A	10	OPEN		9	U5 ECS Viner
Saturday, November 16, 2024	12:30 PM	Cloyes	1-D	10	T 8	U5 ECS Ring	1	U5 Almeria - Borm
Saturday, November 23, 2024	9:30 AM	Cloyes	1-A	11	+	U5 ECS Bailey	3	U5 Borussia Dortmund - _ - M
Saturday, November 23, 2024	9:30 AM	Cloyes	1-B	11	+	U5 ECS Gagnon	2	U5 Bayer Leverkusen - Cunningham - M
Saturday, November 23, 2024	9:30 AM	Cloyes	1-C	11	+	U5 ECS Payne	1	U5 Almeria - Borm
Saturday, November 23, 2024	10:30 AM	Cloyes	1-A	11	+	U5 ECS Ring	9	U5 ECS Viner
Saturday, November 23, 2024	12:30 PM	Cloyes	2-A	11	+	U5 Monchenglabach - Pennel - TH	OPEN	

Monday, November 25, 2024
 Registration begins for Spring
[REGISTER.GermantownLegends.com](https://www.germantownlegends.com)

Saturday, November 30, 2024
 Turkey Cup
[TurkeyCup.GermantownLegends.com](https://www.germantownlegends.com)

Saturday, December 14, 2024
 2:00 PM
 CHRISTMAS PARADE
[PARADE.GermantownLegends.com](https://www.germantownlegends.com)

DATE

TIME

CLOYES

FIELD

WEEK

AWAY (White)

HOME (Green/ Dark)

Sunday, December 15, 2024

Wednesday, January 15, 2025

Thursday, January 30, 2025

Saturday, February 1, 2025

Monday, February 3, 2025

6:15 PM

TBD

Early Bird registration ends

TEAM & FRIEND Request Deadline*

PRE-SEASON NEW PARENT MEETING

LATE REGISTRATION begins

Pre-season 'Player' Training begins

RegistrationPolicies.GermantownLegends.com

GAME RULES FOR THE U5/U6 FUTURE LEGENDS

Kicking is NOT Soccer... KINS

The KINS Program's main objective is to promote and emphasize the skill of DRIBBLING at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players' ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.

The program's **second objective is to promote decision making by the players** on the field and reduce their dependence on the adults for problem solving.

NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to **DRIBBLE**, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach **ROLLS** a new ball into play (after a 5 count).

IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

Always **ROLL the ball on the ground into the UNOCCUPIED space**. Players will learn to move towards the ball.

Do NOT throw the ball in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball on the ground to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
LENGTH OF GAME	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
PLAYERS	3v3... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3
GOALIES	NO Goalkeepers. Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team.
FOULS	No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
	All players play a minimum of 50% . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime. After each goal, roll the ball to the OTHER team from the sideline.

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OTHER	<p>As it is NOT age appropriate, never throw the ball into the air. TWO goals of these age group: 1. Positive first touch 2. Ability to dribble Goal differential: Differentials of 3- 4 goals, teams should start getting creative by asking players to do certain moves before dribbling towards the goal, moving team up the field to begin play, dribbling the ball into the defensive side of the field before going forward. Coaches may come on field during restarts for positioning, but MUST EXIT THE FIELD BEFORE PLAY RESUMES. NO results are being recorded, NO league standings, or win/loss/tie records, this league exists for beginning player development. SHARE players if necessary.</p>					
SAFETY	<p>All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable. NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.)</p>					

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....
 Just kicking the ball to escape pressure should NEVER be encouraged at this age.
 How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).
 Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.